

GROW A CRYSTAL ANGEL

RECIPE NAME

SUNDAY NOVEMBER 29

ATF

PREP TIME: 15 MINUTES WAITING TIME: 2-3 DAYS

TIME

LARGE BAG OF ESPSOM SALTS
PAN WITH 3 CUPS WATER
SPOON
MASON JAR

CHIDDLIEC

PROCEDURE

- 1.BRING PAN OF WATER TO BOIL ON A STOVETOP. ADD SALT AND STIR UNTIL CRYSTALS START TO FORM ON THE SURFACE OF THE WATER.
- 2. POUR THE SALT WATER
 INTO THE MASON JAR AND
 LET COOL.
- 3. HAVE YOUR CHILD FORM AN ANGEL OUT OF THE CHENILLE STICKS. STARS AND SNOWFLAKES ARE FUN TOO!
- 4.USE A PIECE OF THE CHENILLE STICK TO FORM A HANGER ON YOUR ORNAMENT.
- 5. SUSPEND THE ORNAMENT IN THE SALT WATER BY HOOKING THE HANGER OVER THE MOUTH OF THE JAR.
- 6.AFTER 2-3 DAYS, YOUR SALT CRYSTAL ORNAMENTS ARE READY! HANG THEM UP THEM UP IN A WINDOW OR ON YOUR CHRISTMAS TREE!



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RECIPE NAME

SUNDAY, DECEMBER 6

DATE

15 MINUTES

TIME

3 PLASTIC CUPS
3 SPOONS
1/2 CUP MEASURE
1 TALL GLASS VASE OR JAR,
WITH A NARROW DIAMETER
1/2 CUP HONEY
1/2 CUP BLUE DISH SOAP
1/2 CUP WATER
1/2 CUP VEGETABLE OIL
1/2 CUP RUBBING ALCOHOL
LED, GREEN, & BLUE FOOD DY

SUPPLIE

PROCEDURE

- 1.IN A PLASTIC CUP, MIX HONEY WITH APPROXIMATELY 1 DROP OF BLUE FOOD DYE FOR EVERY 5 DROPS OF RED FOOD DYE TO MAKE PURPLE.
- 2. POUR THE PURPLE HONEY MIXTURE INTO THE GLASS JAR.
- 3.NEXT, CAREFULLY POUR 1/2 CUP BLUE DISH SOAP IN THE GLASS JAR.
- 4.IN ANOTHER PLASTIC CUP, MIX WATER WITH 2-3 DROPS OF GREEN FOOD DYE.
- 5. POUR GREEN WATER IN THE GLASS JAR.
- 6.NEXT, POUR 1/2 CUP VEGETABLE OIL IN THE GLASS JAR.
- 7.IN A FINAL PLASTIC CUP, MIX RUBBING ALCOHOL WITH 2-3 DROPS RED FOOD DYE.
- 8. POUR THE RED RUBBING ALCOHOL IN THE GLASS JAR.



RECIPE NAME

SUNDAY, DECEMBER 13

SPAGHETTI BUILD CHALLENGE

DATE

15 MINUTES

TIME

1 BOX DRY SPAGHETTI WOODEN BLOCKS 2 TOWERS OF BOOKS

SUPPLIES

PROCEDURE

- 1. STACK BOOKS INTO TWO TOWERS OF EQUAL HEIGHT ABOUT 9 INCHES APART.
- 2. LAY 1 PIECE OF SPAGHETTI ACROSS THE GAP IN THE BOOKS TO FORM A BRIDGE.
- 3. HAVE YOUR CHILD STACK BLOCKS ON THE SPAGHETTI BRIDGE.
- 4. ADD MORE PIECES OF SPAGHETTI TO WIDEN AND STRENGTHEN THE BRIDGE.
- 5. HAVE YOUR CHILD STACK BLOCKS ON THE NEW AND IMPROVED BRIDGE.
- 6.KEEP EXPERIMENTING
 WITH THE TALLEST TOWER
 YOUR CHILD CAN BUILD ON
 THE SPAGHETTI BRIDGE!



EXPLODING SNOWMAN

RECIPE NAME

SUNDAY, DECEMBER 20

DAT!

15 MINUTES

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1 RESEALABLE SANDWICH BAG PERMANENT MARKER 3 TEASPOONS BAKING SODA

3 TEASPOONS BAKING SODA 2 CUPS WHITE VINEGAR PAPER TOWEL

SUPPLIE

PROCEDURE

- 1. HAVE YOUR CHILD DRAW A SNOWMAN FACE ON THE PLASTIC SANDWICH BAG WITH THE MARKER.
- 2. WRAP 3 TEASPOONS
 BAKING SODA IN A PAPER
 TOWEL AND PLACE THE
 PACKET IN THE PLASTIC
 BAG.
- 3. POUR 2 CUPS OF VINEGAR INTO THE PLASTIC BAG AND SEAL THE BAG OUICKLY!
- 4. STAND BACK AND WATCH YOUR SNOWMAN EXPLODE!