



Family Devotion

Week of January 10 • Matthew 6:6-15

Go to God's Word

6 But when you pray, go away by yourself, all alone, and shut the door behind you and pray to your Father secretly, and your Father, who knows your secrets, will reward you. 7-8 “Don’t recite the same prayer over and over, who think prayers are answered only by repeating them again and again. Remember, your Father knows exactly what you need even before you ask him! 9 “Pray along these lines: ‘Our Father in heaven, we honor your holy name. 10 We ask that your kingdom will come now. May your will be done here on earth, just as it is in heaven. 11 Give us our food again today, as usual, 12 and forgive us our sins, just as we have forgiven those who have sinned against us. 13 Don’t bring us into temptation, but deliver us from the Evil One. Amen.’ 14-15 Your heavenly Father will forgive you if you forgive those who sin against you; but if you refuse to forgive them, he will not forgive you.

Matthew 6:6-15

Reflect

1. Verse 9 is the beginning of a prayer that Jesus teaches us called The Lord’s Prayer. It can be divided into three main parts which you may think of as the ABC’s of prayer. The A stands for Adoration. In verse 9, Jesus teaches us that we open our prayer by praising God. What are some ways that you can praise God during prayer?
2. B stands for “Beseech”. Beseech means to ask. In verses 10 and 11, Jesus asks God his help and for his daily meal. When you pray, what are some things you ask for?
3. C stands for Confession. Confess means that you admit to doing something, typically something wrong. In verse 12 we are taught to ask for forgiveness for sins; something wrong that we may have done. Do you tell God the bad things that you do? Do you ask for His forgiveness?

Observe

The Lord’s Prayer is a perfect Bible passage to memorize. At the end of this devotional, you’ll find a copy of the Lord’s Prayer that you may cut out and use either as a bookmark or as a reminder to hang somewhere that you’ll see it often. Reading over this prayer daily will help you always remember it.

Worship

Worship together by listening to [this video](https://youtu.be/O78UfDkGhRs) https://youtu.be/O78UfDkGhRs of The Lord's Prayer. When you've listened to the worship video, head over to The Bible Project and watch their video on the [Book of Matthew](https://youtu.be/3Dv4-n6OYGI) https://youtu.be/3Dv4-n6OYGI.

Pray, using *The Lord's Prayer* as a guide.

The Lord's Prayer

*Our Father in heaven,
we honor your holy name.*

We ask that your kingdom will come now.

*May your will be done here on earth,
just as it is in heaven.*

*Give us our food again today, as usual,
and forgive us our sins,
just as we have forgiven those
who have sinned against us.*

*Don't bring us into temptation,
but deliver us from the Evil One.*

Amen